

HeartCycle Bicycle Touring Club Jackson Hole #1, Wyoming, 2026

- Dates:** Orientation meeting Wednesday, July 15, 2026. Riding Thursday, July 16 – Monday, July 20, 2026 (lodging last night not included).
- Leaders:** Clare Bena and Alan Church; **SAGs:** Mayoma Pendergast and Kathleen Schindler
- Miles:** 150 miles and 800-1000 feet of elevation gain
- Rating:** Easy <https://www.heartcycle.org/tour-ratings>
- Riders:** 20
- Price:** \$2,000 double occupancy; \$500 deposit at registration. Balance due April 16, 2026. Single supplement \$3,000.
- Cancellation:** [Standard cancellation policy](#)

Travel insurance is strongly recommended.

OVERVIEW

Join us for one of two adventurous tours of Jackson Hole, Grand Teton National Park (GTNP), and the Snake River Valley, Wyoming. Each 5-day tour is designed to be exceptional and relatively easy with just 4 days of riding. The format is such that you can be off your bike by early afternoon leaving you time to shop, hike, and explore everything this area has to offer.

Both tours are fixed base in Jackson, Wyoming, staying at the [49'er Inn & Suites](#), within easy walking distance of Jackson's diverse restaurants, shops, and art galleries. Because 97% of Teton County is protected as national forest, national park, and public lands,





Jackson is the second-most expensive town for housing in the USA. HeartCycle is fortunate to be able to offer this tour twice for our members at a reasonable price. The smaller group size allows us to meet park access requirements and a

more congenial atmosphere for tour participants.

Each of the four rides will take us out of town primarily on bike paths that provide access to pristine rivers, lakes, wilderness areas, lofty mountains, colorful wildflowers, and an abundance of wildlife. You can take a photo in any direction and capture a special piece of Jackson Hole's beauty.

July days are often warm and sunny with temperatures in the 70s and 80s, dipping down to the 40s at night.

ITINERARY

Day 0: Wednesday, July 15, 2026

Check into the 49'er Inn and Suites in Jackson after 4:00 PM. The orientation meeting will be held at 5:00 PM in the breakfast area of the hotel lobby.

Day 1: Thursday, July 16

Jenny Lake

43 miles, 1064 feet of elevation gain

This is an out-and-back ride to Jenny Lake in Grand Teton National Park (GTNP). We will



head north on the bike trails and cross the Snake River into the park. We'll divide into two groups as we enter the park to meet our permit requirements for cycling in the park. Our SAG will be located just outside the park where you can refresh your water and snacks both on the way and back. Lunch will be served in Jackson at Phil Baux Park near the hotel.



Day 2: Friday, July 17

Teton Village Loop

28 miles, 5600 feet of elevation gain

Today, we ride west of Jackson up the Snake River Valley to Teton Village, home to Jackson Hole Mountain Resort, an exclusive destination ski resort that boasts the longest continuous vertical drop (4,167 ft) in the USA.

Although we won't be skiing, we will offer a ride to the 10,450-ft summit via the Jackson Hole Mountain Resort Tram (price included in tour registration). From here, you can see the entire Jackson valley and gain further appreciation for what nature has to offer. We'll then retrace our path back to Jackson, with the addition of an extra scenic loop, where we will once again have lunch at the park.

Day 3: Saturday, July 18

Rest Day!

This is your day to enjoy more bicycling, rafting, hiking, returning to GTNP, visiting Yellowstone National Park (just a 2-hour drive north), or exploring the town of Jackson. For those who want additional bicycling, we will offer an optional tour-leader-led ride up Teton Pass (no SAG support). This out-and-back ride is a "marathon" of 26.2 miles with 2600 ft of elevation gain, most of which occurs over the span of only 5 miles. Whatever you decide, make reservations ahead of time (if needed) to enjoy your chosen activity and your preferred dining location.



Day 4: Sunday, July 19

Gros Ventre Loop

36 miles, 900 feet of elevation gain

This loop ride north out of Jackson is on the same bike path as Day 1.

However, we now head east around the National Elk Refuge out into Antelope Flats. Antelope Flats Road is a very pretty route that takes us through sagebrush flats and over

rolling plains. This area features the historic Mormon Row, Blacktail Butte, the Gros Ventre Mountains, and of course the Teton Range. Lunch will be served at a now-familiar park in Jackson near the hotel.

Day 5: Monday, July 20

Snake River Valley

20 miles, 720 feet of elevation gain

The final ride of the tour is a short morning ride to stretch your legs before you head out for your next adventure. This ride takes us south of Jackson and follows the Snake River down the valley. The route can easily be extended or shortened. SAG support will only be available for the designated route. At the conclusion of today's ride, the SAGs will set up lunch at the



hotel to allow riders who will be leaving a chance to shower and check out of the hotel. Lodging is not included on this final day.

SPECIAL NOTES:

- Jackson is approximately an 8-hour drive from Denver.
- Jackson Hole Airport is the nearest airport, 7 miles north of Jackson.
- Jackson is a very popular tourist destination. We strongly recommend you make dining reservations in advance.
- Due to the popularity of GTNP, we may experience delays when entering the park. While on this tour, you **MUST** enter the park with a tour leader.
- Road conditions are highly variable in this area and can be crowded. If necessary, the described routes may be altered to adjust for any unforeseen circumstances.

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